



Week 1

Winter Menu FY 07

Weeks of: 1/7/08, 2/4/08, 3/3/08, 3/31/08, 4/28/08

Please Note: Menu substitutions may be made at the discretion of the kitchen to accommodate for center celebrations, individual birthdays, or prime vendor specials, such as fresh fruit, vegetable, or meat specials.

| | Components | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|--|-------------------------|--|--------------------------------------|------------------------------|------------------------------|
| Breakfast | Fluid Milk | Milk | Milk | Milk | Milk | Milk |
| | Bread or Bread Alternate | Oatmeal | Raisin Toast w/butter (no raisins CDC) | Pancakes | English Muffin | Cheerios |
| | Fruit, Vegetable, or Full Strength Juice | Diced Peaches | Pears | Strawberries | Kiwi | 100% Grape Juice |
| | Additional Food (Optional) | | | Syrup | Jelly | |
| Lunch | Fluid Milk | Milk | Milk | Milk | Milk | Milk |
| | Meat or Meat Alt. | Meat Sauce (beef) | Ham Steak | Breaded Chicken | Taco Salad (beef) | Tuna Salad |
| | Vegetable or Fruit | Zucchini | Mashed Potatoes | Green Beans | Lettuce, Salsa | Cucumber Sticks |
| | Vegetable or Fruit | Apricots | Pineapple Tidbits | Fruit Cocktail | Apple Wedges | Orange Wedges |
| | Bread or Bread Alt. | Spaghetti | Dinner Roll | Whole Wheat Roll | White Rice | Saltines |
| | Additional Food (Optional) | Garlic Bread | | | Shredded cheese | |
| Snack | Choose 2 of these 4: | | | | | |
| | Fluid Milk | | Milk | Milk | Milk | |
| | Fruit, Vegetable, or Full Strength Juice | 100% Apple Juice | Vegetable Sticks (SAS Add-In) | French Fries | Banana Smoothie (SAS Add-In) | Fresh Fruit Mix (SAS Add-In) |
| | Bread or Bread Alt. | Soft Pretzel | | | Graham Crackers | Vanilla Wafers |
| | Meat or Meat Alt. | Cheese Dip (SAS Add-In) | Cheese cubes | Breaded Chicken fingers (SAS Add-In) | | Yogurt |



Week 2

Winter Menu FY 07

Weeks of: 1/14/08, 2/11/08, 3/10/08, 4/7/08

Please Note: Menu substitutions may be made at the discretion of the kitchen to accommodate for center celebrations, individual birthdays, or prime vendor specials, such as fresh fruit, vegetable, or meat specials.

| | Components | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|--|----------------------|-----------------------------|-----------------------------|----------------------------|------------------------------|
| Breakfast | Fluid Milk | Milk | Milk | Milk | Milk | Milk |
| | Bread or Bread Alternate | Cream of Wheat | Waffles | Grits w/cheese | Whole Wheat Toast | Rice Krispies Cereal |
| | Fruit, Vegetable, or Full Strength Juice | Orange Wedges | Applesauce | Fruit Cocktail | Banana's | 100% Pink Grapefruit Juice |
| | Additional Food (Optional) | | Syrup | | Jelly | |
| Lunch | Fluid Milk | Milk | Milk | Milk | Milk | Milk |
| | Meat or Meat Alt. | Cheeseburger Patties | Scrambled Eggs | Fish Sticks | Meatloaf | Ham and Swiss Wrap |
| | Vegetable or Fruit | Beets | Hash Browns | Corn | Peas/Carrots | Cole Slaw |
| | Vegetable or Fruit | Pears | Mandarin Oranges | Apple Wedges | Apricots | Diced Peaches |
| | Bread or Bread Alt. | Hamburger bun | Toast w/butter | Whole Wheat Roll | Buttered Noodles | Flour Tortilla |
| | Additional Food (Optional) | | Sausage Patties | | | |
| Snack | Choose 2 of these 4: | | | | | |
| | Fluid Milk | | Milk | | Milk | Milk |
| | Fruit, Vegetable, or Full Strength Juice | 100% Grape Juice | | Pineapple Tidbits | Apple Wedges | Fresh Fruit Mix (SAS Add-In) |
| | Bread or Bread Alt. | Ritz Crackers | Fresh Baked Oatmeal Cookies | Vanilla Wafers (SAS Add-In) | | Cheese Toast |
| | Meat or Meat Alt. | Egg Salad | Yogurt (SAS Add-In) | Cottage Cheese | Peanut Butter (SAS Add-in) | |



Week 3

Winter Menu FY 07

Weeks of: 1/22/08, 2/19/08, 3/17/08, 4/14/08

Please Note: Menu substitutions may be made at the discretion of the kitchen to accommodate for center celebrations, individual birthdays, or prime vendor specials, such as fresh fruit, vegetable, or meat specials.

| | Components | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|--|-------------------------|------------------------|--|---------------------------|-----------------------------|
| Breakfast | Fluid Milk | Milk | Milk | Milk | Milk | Milk |
| | Bread or Bread Alternate | Bagels | Strawberry Muffin | Cream of Wheat | Cinnamon Toast | Crispix Cereal |
| | Fruit, Vegetable, or Full Strength Juice | Fruit Cocktail | Fresh Pears | Orange Wedges | Applesauce | Bananas |
| | Additional Food (Optional) | Jelly | | | | |
| Lunch | Fluid Milk | Milk | Milk | Milk | Milk | Milk |
| | Meat or Meat Alt. | Meat Sauce | Teriyaki Chicken | Beef Hot Dog (pork tender for inf/tod) | Homemade Beef Stew | Bologna and Cheese Sandwich |
| | Vegetable or Fruit | Asparagus | Stir Fry Vegetable Mix | Baked Beans | Potatoes, Carrots, Celery | Macaroni Salad |
| | Vegetable or Fruit | Apple Wedges | Mandarin Oranges | Peaches | Pears | Pineapple Tidbits |
| | Bread or Bread Alt. | Baked Ziti | White Rice | Hotdog Bun | Dinner Roll | Pita Bread |
| | Additional Food (Optional) | | | | | |
| Snack | Choose 2 of these 4: | | | | | |
| | Fluid Milk | | Milk | 100% Apple Juice | 100% Orange Juice | Milk |
| | Fruit, Vegetable, or Full Strength Juice | 100% Grape Juice | Grapes (SAS Add-In) | | String Cheese | Baked Potato (SAS Add-In) |
| | Bread or Bread Alt. | Corn Muffins | Rice Cakes | Pasta Salad | Beef Stew (SAS Add-In) | Goldfish Crackers |
| | Meat or Meat Alt. | Beef Chili (SAS Add-In) | | Beef Hot Dog & Bun (SAS Add-In) | | |



Week 4

Winter Menu FY 07

Weeks of: 1/28/08, 2/25/08, 3/24/08, 4/21/08

Please Note: Menu substitutions may be made at the discretion of the kitchen to accommodate for center celebrations, individual birthdays, or prime vendor specials, such as fresh fruit, vegetable, or meat specials.

| | Components | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|--|--------------------------------|------------------------------------|------------------------|------------------------------|---------------------------------|
| Breakfast | Fluid Milk | Milk | Milk | Milk | Milk | Milk |
| | Bread or Bread Alternate | Whole Wheat Toast | Biscuits | French Toast | Cinnamon Roll | Chex Cereal |
| | Fruit, Vegetable, or Full Strength Juice | Fruit Cocktail | 100% Orange Juice | Apple Wedges | Apricots | Bananas |
| | Additional Food (Optional) | Jelly | Sausage Gravy | | | |
| Lunch | Fluid Milk | Milk | Milk | Milk | Milk | Milk |
| | Meat or Meat Alt. | Cheese Pizza | Baked Turkey | Barbecued Meatballs | Homemade Chicken Noodle Soup | Grilled Ham and Cheese Sandwich |
| | Vegetable or Fruit | Cucumber Salad | Sweet Potatoes | Green Beans | Tossed Salad | Cooked Carrots |
| | Vegetable or Fruit | Peaches | Grapes, sliced in half | Pineapple Tidbits | Pears | Applesauce |
| | Bread or Bread Alt. | Pizza Crust | Dinner Roll | Whole Wheat Roll | Noodles | Sliced White Bread |
| | Additional Food (Optional) | | | | | |
| Snack | Choose 2 of these 4: | | | | | |
| | Fluid Milk | | Milk | | | Milk |
| | Fruit, Vegetable, or Full Strength Juice | 100% Apple Juice | Bananas (SAS Add-In) | 100% Grapefruit Juice | 100% Grape Juice | Fresh Fruit Mix |
| | Bread or Bread Alt. | Bread Sticks w/spaghetti sauce | Fresh Baked Chocolate Chip Cookies | Macaroni & Cheese | Banana Bread | Cheese Quesadillas (SAS Add-In) |
| | Meat or Meat Alt. | Parmesan Cheese (SAS Add-In) | | Meatballs (SAS Add-In) | Vanilla Pudding (SAS Add-In) | |